

**1**

Fully loosen all head straps. Hold the front of the facepiece with one hand and the straps away from the face for the head. Pull the respirator assembly down over the head. Place the nose in the nose cup and chin in the chin cup area then press the facepiece firmly and evenly against the face.

**2**

While holding the facepiece in place, pull the straps over your head.

**3**

Tighten the two bottom straps.

**4**

Tighten the two top straps. Make sure the back of the harness is centered on the back of the head.

 Repeat steps 3 & 4 twice, once to position and second to secure the facepiece seal.



## Perform a User Seal Check

Before assigning any respirator to be worn in a contaminated area, a qualitative or quantitative fit test must be performed.



### Positive Pressure User Seal Check

**5**

Place the palms of your hands over the filters and inhale gently. The facepiece should collapse slightly closer to your face. If air leaks between the face and the facepiece, reposition the respirator and/or adjust the straps for a more secure seal.\*

**6**

Place the palm of your hand over the exhalation valve cover and exhale gently. The facepiece should bulge slightly. If air leaks between the face and the facepiece, reposition the respirator and/or adjust the straps for a more secure seal.\*

### Negative Pressure User Seal Check

**7**

Remove cartridge filters and place your thumbs on the inhalation ports, restricting airflow through the filters, and inhale gently. The facepiece should collapse slightly closer to your face. If air leaks between the face and the facepiece, reposition the respirator and/or adjust the straps for a more secure seal.\*